

PANTHER NEWS



Box 299 | Bentley, AB T0C 0J0 | Phone: 403-748-3770 | Email: bentley@wolfcreek.ab.ca | <https://bentley.wolfcreek.ab.ca>

Mar 1	Booster Juice Day
Mar 2	Hot Dog Day
Mar 1 & 2	AHS - Oral Health Services (K - Grade 2)
Mar 2 & 3	Grad Photos
Mar 6 - 12	April Hot Lunch Available to Order
Mar 6	Hot Lunch - Saucy BBQ Burgers
Mar 7	Career Fair (HS Gym for Gr. 7 - 12 students)
Mar 9	Subway Day
Mar 10	No School for Students & Ski Club
Mar 13	Hot Lunch - Grilled Cheese & Taco Soup
Mar 14	Parent Teacher Interviews Open for Booking
Mar 16	Hot Dog Day Jr/Sr Leadership Conference
Mar 17	Travelling Brain School - Volunteers needed! Popcorn Day Grad VIP Order Deadline Wear Green for St. Patrick's Day!
Mar 20	Hot Lunch - Ravioli Lasagna Parent Advisory Council
Mar 21 & 23	Parent Teacher Interviews from 4 - 7:30 p.m.
Mar 20 - 23	Scholastic Book Fair
Mar 22	Gr. 6 Legislature Tour Jr/Sr Pizza Day
Mar 23	Elementary Pizza Day Anything But a Backpack Day!
Mar 24	No School For Students

March 2023 Important Dates

Handball and Badminton start this month!

Stay up to date on all our athletic activities on the [athletics calendar](#)

Jr C Boys BBall Year End Tournament -
March 1

School Reach Tournament - March 4

Jr High Curling Bonspiel - March 16

Kindergarten Swimming Lessons
March 6-9 & 13-16

Hockey Academy last day - March 23

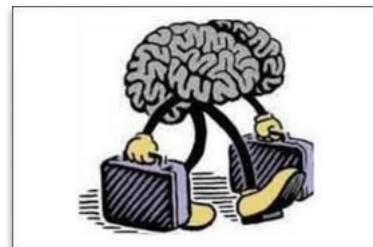
Spring Break
March 27 - 31

Parent Teacher Interviews

Parent Teacher Interviews are scheduled from 4 p.m. to 7:30 p.m. on Tuesday, March 21 and Thursday, March 23 for Kindergarten to Gr. 12. Parents in Grade 1 - 3 can check Seesaw for updates in regards to their child's learning. Students marks for Gr. 4 - 12 are updated in PowerSchool on a continual basis. For detailed instructions on how to view marks in PowerSchool, [click here](#)! All interviews will be conducted in person in 15 minute intervals. Interviews open for parents to book on Tuesday, March 14 from the homepage of our website.

Travelling Brain School

We are looking for 5 volunteers to help man stations at the Travelling Brain School on March 17 from 8:30 a.m. to 3:15 at Bentley School. No experience necessary!



The Travelling Brain School is hosted by the Central Alberta Brain Injury Society (CAMIS) and teaches children in Gr. 1 - 8 about the many functions of the brain and how to prevent brain injuries. The Brain School is an interactive walk through the brain learning about the various lobes of the brain, the nervous system, the brain stem, brain toxins and preventive measures to protect the brain.

Each station will have hands on activities, visual displays and impactful discussions. The students will attend 5 stations, in groups of approximately 6, spending 4 minutes at each station. Students will become knowledgeable of their role in prevention of brain injury on a personal and community level. If you can help please click the link to [sign-up here](#). Thank you!

Grad VIP Fundraiser



The Class of 2023 will be selling VIP food sales. If you are interested you may contact any graduate or Mr. Hazlett via email at jason.hazlett@wolfcreek.ab.ca and he will send you a food selection list. The deadline to order is Friday, March 17.

Grade 6 Camp Fundraiser

Grade 6's will soon be selling chocolate almonds and other treats as part of a fundraiser for Grade 6 camp. Keep your eyes out for them near the end of the month.

Skating Schedule

Students in Gr. 1 - 6 will be skating with their homerooms between the weeks of February 27 - March 3 and March 6 - 10. Please be sure to sign the permission form in the PowerSchool and Online Payments Parent Portal prior to skating. There is no cost for this activity. Grade 7, 8, 9 and PE 20/30 will be skating as part of the PE program so no permission forms are required for Jr/Sr. High. Please note that all students need an approved CSA helmet and skates. If you do not have these items, please contact your home room teacher or Mr. Schroeder for the PE classes as the school does have a limited supply of items to borrow. No sticks and pucks are permitted on the ice during these times.

Time	Feb 27	Feb 28	Mar 1	Mar 2	Mar 3 (Day 2)
1-2 p.m.	4 Schofer	NOT		NOT	Grade 6 all
2-3 p.m.		AVAILABLE		AVAILABLE	Grade 5 all

Time	Mar 6	Mar 7	Mar 8	Mar 9	Mar 10 (No School)
9 - 10 a.m.	PE 9	PE 8	PE 9	PE 8	NOT
10 - 11 a.m.	PE 20/30	PE 7	PE 20/30	PE 7	AVAILABLE
11 - 12 p.m.		Gr. 1 all	Grade 2 all	Grade 5 all	
12 - 12:45 p.m.	Lunch				
1-2 p.m.	3 Morrison	NOT		NOT	NOT
2-3 p.m.		AVAILABLE		AVAILABLE	AVAILABLE

Stuffed Animals Needed!

The Handicrafts class is looking for stuffed animals needing a new home and purpose! Any animal/creature is welcome, so long as it is clean. Rips are fine, as they will be taken apart to complete a fun project!

Swim to Survive Lessons

A recent Lifesaving Society study found that almost all Canadians (98%) agree that swimming is a life skill that every child should learn. Yet another study revealed that a surprising 60% of Canadian children don't take swimming lessons. Bentley School is excited to offer this opportunity to our Kindergarten to Grade 6 students. Permission forms and the \$40 fee are online and must be completed prior to participating in the program along. Watch for paper copy of the information required by the pool coming home as well. All forms are mandatory.

Swim to Survive meets the majority of students needs:

- Swim to Survive has the flexibility to meet a wide range of student skill and interest levels.
 - Weak and non-swimmers focus on developing Swim to Survive skills.
 - Core survival skills are presented in a manner that interests both swimmers and non-swimmers.
 - Stronger swimmers focus on participating in challenge items that engage their interest and teach them new skills.
- Students respond well to “swimming is not just about learning strokes”. They willingly working on basic skills (i.e. kicking, sculling) especially when presented in a style that promotes fun (friendly competition, cooperative games, fitness). The stronger their skill level, the more interested they are in challenge items (i.e. entries, synchro, water polo, underwater swims).
- The use of buoyant supports such as lifejackets and AquaJoggers succeed in putting students on an even playing field. Having the additional floatation support allow weaker swimmers to participate equally with their peers. No one misses out on group activities based on their limited skill levels.
- The standard for successful performance is within reach of all students.

SWIMMING LESSON SCHEDULE

March 6/7/8/9, 13/14/15/16 (M/Tu/W/Th)

Kindergarten - 1:00 - 2:00 p.m.

April 3/5/12/14 (M/W/F)

Grade 2 – 11:00-12:00

Grade 4 – 1:00-2:00

April 4/6/11/13 (Tu/Th)

Grade 6 - 9:00-10:00

Grade 5 - 10:00-11:00

Grade 1 - 11:00-12:00

Grade 3 - 1:00-2:00

Anything **BUT** A Backpack Day

THURSDAY, MARCH 23RD



Come to school carrying all your supplies in something other than a backpack!

**No large items are permitted on the bus.
Please talk to your bus driver in advance if
you are unsure of sizing criteria**

Scholastic Book Fair

Bentley School is excited to welcome back the Scholastic Book Fair during the week of Parent Teachers Interviews from March 20 - 23. Students will visit the fair once to browse the books and another day to purchase. The book fair will be open during lunch hours and on the evenings of parent teacher interviews from 4 - 7:30 p.m.



Scientists in Schools Presentations

Last year, Scientists in School supported Bentley School by providing 16 sponsored workshops courtesy of Vesta Energy. **The wonderful news is that our grant has been renewed for this school year, and Vesta Energy has adopted our school once again!** Scientists in Schools opens our classroom to the wonders of science, engineering and technology to everyone, fostering environmental stewardship, and encouraging children across Canada to discover the relevancy of science in their everyday world. At Scientists in School, we are passionate about nurturing scientifically, technologically and environmentally literate children and youth who ‘think like a scientist’ – they are curious about the world around them, ask questions, have the courage to act responsibly, respect facts and data, and come up with creative solutions to problems. Our passionate and diverse presenter, staff and Board team brings a wealth of professional and academic experience in STEM and education. In a typical year, our close to 400 highly-trained passionate presenters deliver 25,000 workshops. The majority have academic or professional backgrounds in STEM, and are diverse role models to young scientists they inspire annually. By sparking curiosity, confidence and imagination in the next generation, our presenters provide memorable opportunities for all children to see themselves as scientists. Thank you Vesta Energy for bring this opportunity to our students



DRIVING SCHOOL

Bentley School is excited to partner with Street Wise Driving School again this year to offer driver's training to our students. Students will receive 15 hours of classroom instruction and 10 hours of driving time. If desired, driving hours can be started before classroom instructions begin.

Cost: \$735 plus GST payable to Street Wise Driving School

Classroom Instruction Dates: March 13, 14, 15, 16, 17 (classes are mandatory and if one is missed, it must be made up by attending a class in another community hosted by Street Wise)

Time: 3:30 - 6:30 pm

Location: Bentley High School Room A214 (Mrs. Bolin's classroom)

Qualifications: Students must be 14 years old and have a learner's driver's license to participate in the driving instructional portion of the course.

If you are interested in your child participating in this program, please call the high school office at 403-748-3770 or email

marsha.lush@wolfcreek.ab.ca by Monday, March 6 We require a minimum of 10 students to make a class.

John Hasselfield Student Grant

The *John Hasselfield Endowment Foundation Grant Program* is available to all students currently enrolled in public education to help them pursue their passions! Program guidelines can be found on their website at

<http://www.johnhasselfield.com/applyandselect.html> and applications are accepted throughout the calendar year. For more information visit <http://www.johnhasselfield.com/>

PURSUE YOUR PASSION

**JOHN HASSELFIELD ENDOWMENT FOUNDATION
STUDENT GRANTS**

Scholarships available for:

- Education
- Athletics
- The Arts

Past recipients have earned scholarships for: Flight school, art camp, basketball training, writing camps and more!

More information and application form available at:
www.johnhasselfield.com
www.facebook.com/johnhasselfieldendowment

APPLICATIONS ACCEPTED YEAR-ROUND

Basketball Sponsorship Thank you

The Junior A girls would like to thank RK Hair & Company (Rebecca King) and Irontech Services (Ashley Lesyk) for sponsoring their new basketball hoodies. We truly appreciate your generosity!





REGISTRATION FOR 2023 -2024 IS OPEN



Wolf Creek Public Schools
**BRIGHT
FUTURES**
PLAY ACADEMY



BRIGHT FUTURES PLAY ACADEMY

Two & four half day programs
available for 3 & 4 year olds
Mon/Wed or Tue/Thur mornings

HIGHLIGHTS

- Certified Classroom Teacher and Experienced Support Staff
- A focus on Excellence in Developing the Whole Child
- Developing Skills Intellectually, Artistically, Emotionally, Physically and Socially
- Access to Support Services, Occupational Therapy, Physical Therapy and Speech and Lanuage Services
- Family Orientated Programming and Partnership with Community Programming

KINDERGARTEN TO GRADE 12

KINDERGARTEN

Will your child be 5 years old by December 31 of this year? Two full day programs available with transportation. Days offered are based on registration numbers.

DON'T MISS IT!
REGISTER NOW

<https://bentley.wolfcreek.ab.ca/registration>

About Us

Bentley School is located in the town of Bentley, Alberta, on the west side of Gull Lake. The school serves approximately 438 students from grades K to 12. There are also 29 students participating in the Bright Future Play Academy.

Email: bentley@wolfcreek.ab.ca

<https://bentley.wolfcreek.ab.ca/>

<https://bentley.wolfcreek.ab.ca/https-www-brightfuturesplayacademy-ca> PHONE: 403-748-3770



RURAL SCHOOL BUS STUDENTS

Students who live in the country and are new to rural busing OR have moved to a new rural location are required to register for transportation.

All rural kindergarten students must be registered to ride the bus.

Your full legal land description AND complete blue sign (911 address) are required to register.

**Unsure of which school your child should attend, please call us with your legal land description.*

If you have moved you must notify the school of the address change prior to registering for busing.

**Cross boundary students must re-apply each year by filling out the regular application and the cross boundary application. Please note that cross boundary fees will apply.*

**REGISTER ONLINE USING YOUR PARENT PORTAL
OR THROUGH SCHOOLENGAGE**

DEADLINE FOR REGISTERING IS JUNE 1, 2023

For more information please contact Wolf Creek Public Schools Transportation Services

E-mail - transportation@wolfcreek.ab.ca

Phone - 403-785-0726 (Direct) or 403-341-4153 (Red Deer) or 403-782-8726 (Lacombe) ext. 1332

Website - <https://www.wolfcreek.ab.ca/school-division/transportation/bus-status-page2>



REGISTER NOW FOR KINDERGARTEN!
2023-24 SCHOOL YEAR



YOUR CHILD IS TURNING 5 BY DECEMBER 31, THEN IT'S TIME FOR KINDERGARTEN

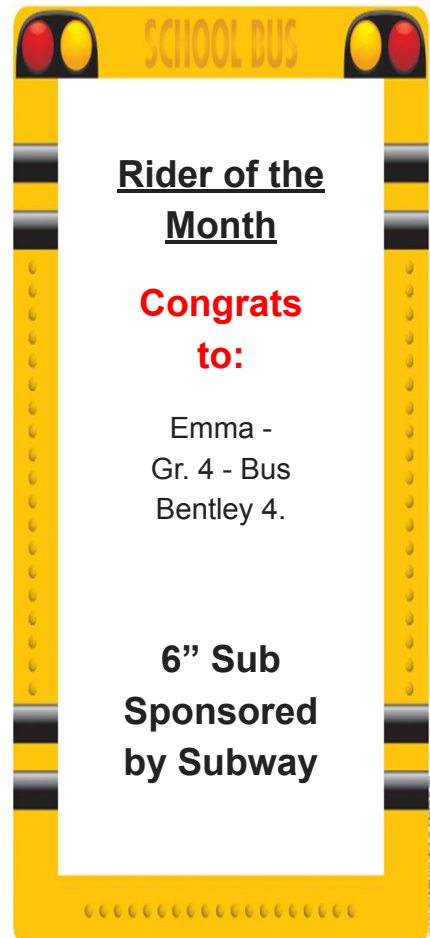
PROGRAMS ARE DESIGNED FOR CHILDREN TO ATTEND TWO FULL DAYS PER WEEK. REGISTER NOW!

RURAL KINDERGARTEN STUDENTS ARE ELIGIBLE TO APPLY FOR BUSING

PLEASE REGISTER BY MARCH 31 TO HELP WITH PROGRAM PLANNING

REGISTER ONLINE AT: bentley.wolfcreek.ab.ca/registration

Have any questions, please call 403-748-3770



Oral Health Services

AHS Oral Health Services will be onsite March 1 & 2 to provide students in Kindergarten - Grade 2 with signed consents their second fluoride varnish applications.

Leadership Blanket Drive

A massive thanks to everyone who contributed to our blanket drive for the month of January. Due to your generosity, we were able to donate 47 blankets, making this our most successful blanket drive to date! Leadership students helped provide a little extra warmth to those in need by dropping off blankets on park benches around the city of Red Deer.



Joslyn Snow Memorial Winter Classic a Success!

Thank you to everyone who came out and supported the Joslyn Snow Memorial Winter Classic last month! It was great to see much of the community in attendance. A total of \$1386 dollars was raised for the Joslyn Snow Memorial Scholarship Fund. Thank you to the players, coaches, refs, announcers, raffle winners and everyone in attendance for cheering everyone on. Special thank you to the following donors for their donations to the raffle table including, Woods 9 students Jayden Guse and Carson Reschler, Corrine & Terry Kamps, Trident Contracting, Sharron Juuti, Ruttan Mechanical, the Kimmel Family, Marci Madden & Family, Lane & Kathleen Moore, the Crawford family and Global Dynamics. We appreciate your support in honoring students who are awarded this scholarship each year in Joslyn's memory.

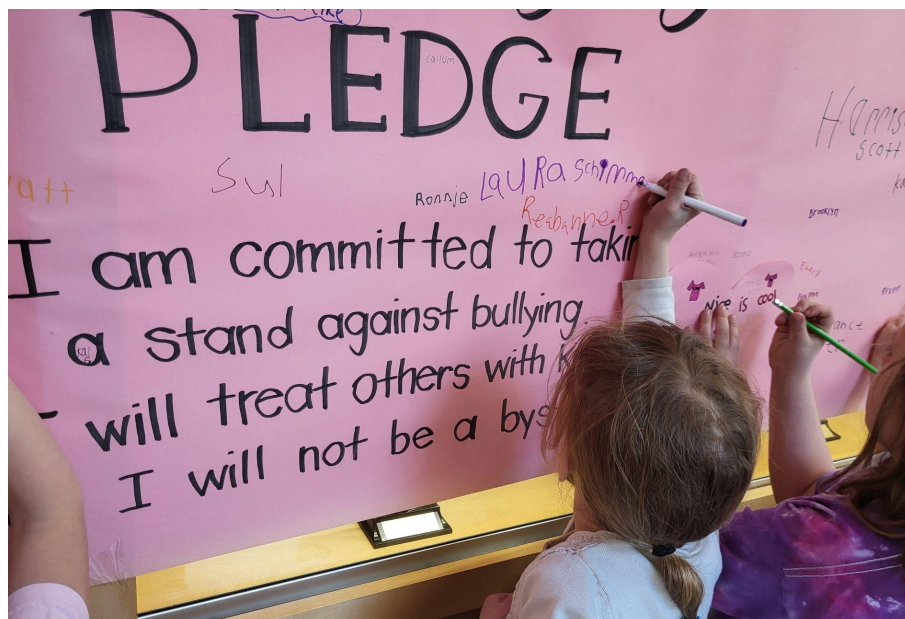
Winter Classic Photos



Pink Shirt Day

In honor of Anti-bullying Day on February 22 students wore their pink shirts and signed the anti-bullying pledge today!

"I am committed to taking a stand against bullying. I will treat others with kindness and I will not be a bystander."
#lifeteachotherup
#pinkshirtday



Winter Walk Day!



Community News!



Reminder

Coming to Bentley

March 10

Moms Matter- 1:30-3:00

Ignite-3:30-5:00 pm (ages
7-13)

Must register , Limited space

403-896-3915

frnlacombe@gmail.com



Alberta Provincial Family
Resource Networks



POTLUCK PLAY



MAC & CHEESE

March 22/23

Wednesday

6-8 pm

Bentley, AB



Contact:
frnlacombe@gmail.com

(403)896-3915

Alberta Provincial Family
Resource Networks

INTRODUCING

Dr. Bruce Perry

Learn how the experiences of a child impact their brain development with author, teacher, clinician and researcher,

Dr. Bruce Perry, M.D., Ph. D.



March 8
1:00pm to 2:30pm
or
7:00pm to 8:30pm

This is a virtual event. Watch parties will be hosted in Drayton Valley, Drumheller, Red Deer, Rocky Mountain House, Stettler and Wetaskiwin or enjoy watching from the comfort of your home

Please email
lesley.whalen@mcmcentral.ca to register for this event.

Alberta Provincial Family Resource Networks

Bentley Watch Party!

Join us at the Bentley Seniors Drop In
7 to 8:30pm

Snacks Provided

Register with Community Services by March 6 to attend

community@townofbentley.ca



GRANDPARENTS SUPPORT GROUP

1:30- 3:00 PM
#4,4725 49B
LACOMBE

FEBRUARY 27, MARCH 27,
APRIL 24, MAY 22

- COME JOIN OTHER GRANDPARENTS WHO ARE RAISING THEIR GRANDCHILDREN
- EACH MONTH WE WILL COVER TOPICS TO HELP SUPPORT AND FILL UP YOUR TOOL BOX AS YOU EMBARK ON THIS UNIQUE JOURNEY OF PARENTING

CONTACT:
CAROLYN

403-896-3915

frnlacombe@gmail.com



TEEN TALKS: for parents of tweens/teens

Blackfalds Library
5302 Broadway
Ave

Come join other parents for some support and conversations

March 6-Communication
March 20-Mental Health
April 3-Bullying
April 17-Balance and Stress
May 1-How to help teens find themselves
6:30-8:00 pm

Contact : frnlacombe@gmail.com
Let us know if you can make it so we have enough snacks & resources ready!

Alberta Provincial Family Resource Networks



ALL FEES GO UP BY
\$50 ON MARCH 7TH



BENTLEY MINOR SOCCER

**REGISTRATION
NOW OPEN:**

<https://www.rampregistrations.com/login?v3=7bde0465c2>

U5 (born in 2018) UP TO
U17 (born in 2007/2006)





McMan

Join the Lacombe and Area
Family Resource Network for

SPECIAL NEEDS PARENT SUPPORT



A PLACE FOR PARENTS AND CAREGIVERS OF
CHILDREN WITH ADDITIONAL NEEDS, DISABILITIES,
MEDICAL NEEDS, ETC TO COME TOGETHER FOR
SUPPORT AND SHARING. COME FOR COFFEE OR
BRING THE KIDS TO PLAY, EVERYONE IS WELCOME.

March 9 6-8 pm

April 13 1-3 pm

May 11 6-8 pm

June 8 1-3 pm

@ Blackfalds Community Centre
4810 Womacks Rd.

Contact:

Carolyn 403-896-3915
frnlacombe@gmail.com

Alberta

Provincial Family
Resource Networks

Upcoming Events

Parent/Student Information Evenings

This is a great opportunity for parents and students to learn more about CAREERS internship programs, how to navigate the application process, and to get all of their questions answered, just in time for a Summer internship!

Information Evening @ Red Deer Polytechnic
Wednesday, March 15th
7:00-8:00pm

Registration information will be coming soon.

Information Evening @ Olds College of Agriculture & Technology
Wednesday, March 22nd
7:00-8:00pm

YWITT Camps

This is a great opportunity for young girls to gain hands-on experience with careers related to trades & technologies, as well as speak to women who are working in those industries.

YWITT Camp @ Red Deer Polytechnic
Thursday, April 27th
9:00am-3:00pm

Registration information will be coming soon.

YWITT Camp @ Olds College of Agriculture & Technology
Tentative Date: Wednesday, May 10th
Time: TBD

School Engagement Happy Hour Event

CAREERS Central AB will be inviting all of you to join us for a fun and informative happy hour event in May 2023 at Cilantro & Chive in Red Deer. Exact dates and times are still being determined, but we'll be sending out invitations shortly!!

Junior Forest Rangers

APPLICATIONS ARE NOW OPEN!

The JFR program is an incredible summer employment opportunity for high school students in Alberta. Program objectives include:

Develop career skills in natural resource management.

Promote personal development, inter-personal development and leadership skills.

Give career awareness by providing opportunities to meet natural resource professionals and visit their worksites.

Engage & explore traditional practices from indigenous elders and community leaders.

The deadline to apply is **April 1, 2023** and more details can be found on their website [HERE](#).



CAREERS Information

Digital Annual Report - 2022

The [2022 Annual Report](#) comes with a menu, video stories, animated elements, links, and lots of important information as you scroll through each section. CAREERS wouldn't be able to achieve this success without all of you, so **THANK YOU!!**

Award Nominations

CAREERS wants to recognize all the amazing people that help us positively impact Alberta's youth. Please take a moment to nominate a student, employer/mentor or Off-campus Coordinator for one of our Awards of Excellence. More information can be found [HERE](#).

Current Internship Opportunities

Trades Heavy Equipment Tech Intern (multiple)

- Multiple companies in the Red Deer and Rocky area are looking to hire Heavy Equipment Tech interns starting ASAP
- Flexible schedules
- Must be 16 years old and have a Driver's License

Trades Welder & Steamfitter-Pipefitter Interns (multiple)

- Bunch Projects - Alhambra - starting ASAP
- Flexible schedule (weekends), must be 16 and have a Driver's License
- Assisting in the shops as a welder's helper or helping with material receiving and assisting in the yard/shop

Trades Landscape Horticulturist Intern

- Advanced Landscaping - Red Deer County - starting April 2023
- Flexible schedule, could go full-time in Summer
- Helping with yard care, mowing and spring clean-up

Agriculture Food Production Intern

- Edgar Farms - Red Deer County - starting May 2023
- Flexible schedule, could go full-time in Summer
- Helping with picking, packaging and selling vegetables

Other Cool Stuff...

AG for Life - DFC Here for Tomorrow Scholarship - students can enter to win one of 3 - \$5,000 scholarships by submitting a creative piece sharing their thoughts on sustainability in the agriculture industry.

The deadline is **May 1, 2023** and more details can be found on their website [HERE](#).



See You at Teachers Convention!

February 23 & 24, 2023 - Red Deer, AB

CAREERS Central AB will be presenting at [CATCA 2023](#) on **Thursday, February 23 at 11:40am**.

We'll also have a booth set-up during the event, so please stop by for a chat and meet the team! See you there!

CAREERS YOUTH & PARENT INFORMATION NIGHT



CAREERS is opening doors for Alberta youth to explore local career options in skilled trades, ICT, agriculture, health, and more.

Come learn about how you can gain valuable work experience, earn credits, and make money! Students can start applying on the spot. CAREERS alumni will also be joining us to share their experiences.

MARCH 15 • 7PM
RED DEER POLYTECHNIC

for information
CAREERScentral@nextgen.org
1.888.757.7172
careersnextgen.ca



CAREERS
take on the future



CAREERS YOUTH & PARENT INFORMATION NIGHT



CAREERS is opening doors for Alberta youth to explore local career options in skilled trades, ICT, agriculture, forestry, and more.

Come learn about how you can gain valuable work experience, earn credits, and make money!

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MARCH 22 • 7PM

OLDS COLLEGE OF AGRICULTURE AND TECHNOLOGY

for information
CAREERScentral@nextgen.org
1.888.757.7172
careersnextgen.ca



CAREERS
take on the future



What is sleep hygiene?

Sleep hygiene is our habits before bed that help to promote quality sleep. These habits and routines take time to develop, so keep repeating them!

This month we are sharing some tips and tricks to help promote quality sleep in children (as well as adults)!

If we have problems with sleep, we can see it impacts your child's school work, relationships, and overall mood.

Promote a good bedtime routine

Create a routine and be consistent with it. This lets your body know that it's almost time for sleep! The routine should take no more than 20 minutes and is intended to start calming the body and mind. Some ideas may be to have a bath, read a book, brush your teeth, etc. Over time, this routine will tell your body you are tired.

Keep bedtimes and wake-up times close to the same time every day, even on weekends, to keep your body in a regular pattern.

Tips for a good night's sleep

Limit screen time before bed. The blue light our devices and TVs produces actually prevents us from producing melatonin. Melatonin is the hormone our bodies produce to help us fall asleep and stay asleep!

Get some exercise during the day. Physical activity can help us fall asleep faster and stay asleep!

Ways to support your child's sleep

If you notice your child is struggling to relax at bedtime, or talk about feeling worried, you can take some extra steps.

- If there is an easy solution, tackle it with them.
- Acknowledge their feelings if it's not a quick solution.
- Share with them when you notice positive changes in their sleep habits and routines.

MORE RESOURCES

<https://raisingchildren.net.au/toddlers/sleep/better-sleep-settling/sleep-better-tips>

<https://www.sleepfoundation.org/children-and-sleep/sleep-strategies-kids>

<https://positivepsychology.com/sleep-hygiene-tips-kids-teenagers/>

Information on mental health, community supports, programs and services in your area:



Addiction Services Help Line
1-866-332-2322

Mental Health Help Line
1-877-303-2642

