

PANTHER NEWS



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Important Dates

May 2022

| | |
|--------------|--|
| May 2 | Virtual Parent Advisory Council Bus Driver Appreciation Day! |
| May 2 - 8 | Mental Health Week (see inside for details) |
| May 4 | Hats On/Wear Green for Mental Health Day! Hot Dog Day |
| May 5 | Be the Anchor Parent Council Presentation - FREE FOR PARENTS! |
| May 9 - 15 | June Lunch Orders Available - Popcorn, Hot Dog Day & Track Field Lunch Only! |
| May 10 | Popcorn Day |
| May 12 | Booster Juice |
| May 10 or 12 | Mom's Pantry Orders - Please watch your email for a delivery date! |
| May 17 | Elementary Pizza Day Kinder Grad Photos Spring & Class Photos for Pre-K, Kindergarten & Gr. 6 - 12 |
| May 18 | Kinder Grad Photos Spring & Class Photos for Pre-K, Kindergarten & Gr. 1 - 5 Gr. 6 Language Arts Part A PAT Hot Dog Day |
| May 19 | Jr./Sr. High Pizza Day |
| May 20 - 24 | No School for Students or Staff |
| May 24 | Deadline to Order Track & Field Lunch for June 3 |
| May 26 & 27 | "The Super Non-Hero's" Jr. High Drama Performance |
| May 27 | Subway Day |
| May 30 | Date Night Sign-Up Deadline |
| May 31 | Town Clean-Up |

Important Athletic Dates

May 10
Jr. High Badminton
CWAJHAA (singles & mixed doubles)

May 12
Jr. High Badminton
CWAJHAA (doubles)

May 13 & 14
Bentley School is hosting Sr. high boys and girls handball provincials at Lacombe Composite High School and Central Alberta Christian High School. Admission is \$5. Come cheer on the Bentley Panthers!

May 18
Sr. High Track and Field Areas Meet

May 25
Sr. High Zones Track and Field Meet

May 26
Jr. High WC South Track Meet

June 1
Jr. High WC Track Meet

June 3
Elementary Track and Field



BENTLEY SCHOOL PARENT COUNCIL
PRESENTS:

ANCHORED PARENTING

Become the point of security and
stability for your children.

Learning how to be an anchor can
unlock incredible potential for our kids
to develop resilience and to grow
while caring for ourselves too.



Presenter: Kari Lotzien

VISIT
WWW.BETHEANCHOR.CA



BE THE ANCHOR
LIVE THE LIFE YOU CRAVE



Thursday May 5, 2022 7-9 pm
Bentley Elementary School

THIS EVENT IS FREE

Anchored Parenting Workshop

Parent Council is excited to welcome **Kari Lotzien, owner of Be the Anchor**; to a **FREE** presentation geared for parents on Thursday, May 5, 2022, from 7 - 9 p.m. in the elementary gym!

Parenting is the hardest job on the planet. We have heard it but living it makes it so much more real. Maybe you have had these thoughts or said these words...

- “I had a vision of the parent I would be. I want to be loving, kind and connected to my family but I feel like my vision has changed and now my days are filled with driving, grocery shopping, cooking, cleaning and managing meltdowns. I don’t feel like our family is connected or doing the things I believe a family should be.
- “I want to be a calm and centered parent. I have great intentions but by noon or earlier I feel frazzled and short with my kids.”
- “I forget who I am anymore, and I feel lost.”
- “I crave connection and peace in my home and my life.”
- “My kids are experiencing anxiety, bullying or anger and I just don’t know how to help them.”

It is time to become an “Anchored Parent”.

June Lunch Orders

Please be advised that during the month of June, popcorn and hot dog days for Gr. 1 - 8 will be the only lunch orders available. They will be available to order online through the Power School and online payments parent portal starting Monday, May 9 and ending, Sunday, May 15. Please note hot day days for June are **Wednesday, June 1** and **Thursday, June 16** due to the Gr. 6 PAT exam on Wednesday. Popcorn day is **Tuesday, June 14**. Thank you for supporting the school lunch programs this year. Proceeds from the lunch program support school wide initiatives such as Trickster Theatre, and other guest speakers and performances we are fortunate enough to bring in to our school.

Track and Field Lunch June 3

A special track and field lunch is available to order for all grades on Friday, June 3 for the elementary track and field day. Lunches will be available to order online through the Power School and online payments parent portal starting Monday, May 9 and ending, Tuesday, May 24. All proceeds from this lunch support our Parent Advisory Council!

Mental Health Week

May 2 - 8, 2022

Get Ready to #GETREAL about how to help

This year, Mental Health Week is about the importance of empathy. Even though we may be different, that doesn't make us rivals. Let's stop polarizing and let's start empathizing. Be there for each other when times are hard and just be ready to listen. Remember, you don't have to agree to understand, and you don't have to fix it to help.

GET RELAXED...GET EXCITED...GET ACTIVE...GET LAUGHING...#GETREAL

| Monday | Tuesday | Wednesday (E-) | Thursday | Friday |
|--|--|--------------------------------------|--|---|
| GetReal | (R- Relax) | Excited) | (A- Active) | (L-Laugh) |
| Kick off assemblies to promote activities in the elementary and jr. high | Students will be participating in mindfulness activities in their classroom. | Hats on for Mental Health/Wear Green | School wide picnic (bring your own lunch) and games at lunch recess (Capture the Flag) | Listen for some funny jokes on announcements today! |

Hats On!
FOR MENTAL HEALTH

Wear a special hat to school on May 4, 2022 to raise awareness of the importance of good mental health.

May 4th 2022
canwetalk.ca

The graphic features a blue background with white icons of various hats (beanie, crown, fedora, cowboy hat, etc.). On the right, a cartoon brain character with a face and arms is wearing a purple hat with the date and website. The brain character is standing on a yellow oval shadow.



Picture Day is Coming!

Lifetouch will be on site May 17 & 18 in the elementary gym for individual spring and class photos. We were unable to take class photos in the fall with so many students absent at that time. All students will have their photos taken. Parents can review proofs and make purchases on mylifetouch.ca if they wish.

| Tuesday, May 17, 2022 | Wednesday, May 18, 2022 |
|---|---|
| Kinder Grad Photos | Kinder Grad Photos |
| Pre-K & Kindergarten Individual Spring & Class Photos | Pre-K & Kindergarten Individual Spring & Class Photos |
| Gr. 6 - 12 Individual Spring & Class Photos | Gr. 1 - 5 Individual Spring & Class Photos |

Picture Day is Coming

Tuesday May 17th and Wednesday May 18th, 2022.
Bentley School



Props, posing and backgrounds may vary by school.

What to Expect:

-  Students are photographed on Picture Day
-  Pictures are sent home with your child
-  Review pictures & purchase on mylifetouch.ca

All students will be photographed. Please notify your child's teacher if you do not want an individual picture taken of your child. Your child may be included in a group picture requested by the school.

Jr. High Drama
Club Presents...

THE SUPER NON-HEROES

by Taryn Temple

TWO SHOWS | ENTRY BY DONATION

All proceeds support the Jr. High Drama Club

Thursday, May 26 & Friday, May 27

DOORS OPEN AT 6:30 p.m., Show at 7:00p.m.

Bentley High School Gym

Featuring a performance by the Grade 4, 5 & 6 Choir!

Bentley School

TOWN CLEANUP

MAY 31 | 1 PM

Bentley School students will be picking up trash around town the afternoon of May 31. Please wear comfortable clothing that is okay to get dirty. Gloves and garbage bags are provided.



Please help keep our students safe if you are passing by groups of students in town.

SPRING FEVER DATE NIGHT

FRIDAY, June 3

PARENTS... Are you in need of a Date Night ???

The Leadership Team is hosting a fundraiser called "Date Night," on **Friday, June 3 from 4:30-9:00 pm**. We are offering to look after your children for the evening. This will give you the opportunity to go on a date, have a quiet night at home, work in the yard or go **shopping!** We are willing to look after children ages 4 - Grade 5.

- The admission is **\$10.00 per child**.
- Drop off is no earlier than 4:30 pm.
- Pick up **must be no later than 9:00 p.m.**
- **Children must be able to use the washroom on their own.**

Family-rated movies will be shown, activities will be available in the gym and classrooms will also have activities for your child(ren) to do (crafts, games, etc.).

Leadership students and staff will be supervising these activities. **We will also offer the option to prepay and have a hot dog, juice and chips for your child at the cost of \$4.00 per child. Your child will not be able to pay for a snack at Date Night.** If you are not buying a hot dog package, please make sure your child has had supper before you leave.

Funds raised go to support Leadership initiatives at the school. **Online pre-registration is REQUIRED by Monday, May 30. To register, login to the Power School and online payments parent portal and click on the school fee icon to register and pay for each child.** If you would like to register a child who does not go to our school, please use this [link](#). If you have further questions, please contact Miss Bertin at the school (403-748-3770).

Thank you for your support.

Leadership Team



June 2022 Final Exam Schedule

| Date | Time | Course | Room # | Supervisor |
|------------------------------------|---|---|---|--|
| Mon, May 16 | 9:00 am - 11:40 am | ELA 9 Part A PAT | A206 | Mrs. Annable |
| Tues, June 14 | 9:00 am - 3:00 pm 10:00 am - 11:25 am | Soc 30-1 & 30-2 Part A Diploma Social 9 - Practice PAT | A214 A215 | Mr. Moore Mr. Hazlett |
| Fri, June 17 | 9:00 am - 12:00 pm 1:00 pm - 2:00 pm | English 20-1 & 20-2 Written Final Math 9 Part A PAT Last Day of Regular Classes & Locker Clean Out! | A214 A110 | Mrs. Annable Miss. Turner |
| Mon, June 20 to Fri, June 24 | | Final Exam Week Students can go home after their exam! | | |
| Mon, June 20 | 9:00 am - 12:00 pm 1:00 pm - 3:00 pm 9:00 am - 12:00 pm 9:00 am - 11:40 am | English 20-1 & 20-2 MC Final Chemistry 20 Final Exam Social 10-1 & 10-2 Final Exam ELA 9 Part B PAT | A110 A110 A214 A206 | Mrs. Presley Miss. Turner Mr. Hazlett Mrs. Annable |
| Tues, June 21 | National Indigenous Day No Exams! Study Sessions! | Math 20 Study Session - 8:30-9:55 Bio 30 Study Session - 10:00-11:25 Social 30 Study Session - 11:25-12:15 Physics 30 Study Session - 1:00-2:25 Math 9 Study Session - 8:30-9:55 Social 9 Study Session - 10:00-11:25 PE 9 - 11:25-12:15 Science 9 Study Session - 1:00-2:25 Tutorial 9 - 2:25-3:15 | A214 A110 A215 A214 A110 A215 Gym A110 A206 | Mr. Brown Miss. Turner Mr. Hazlett Mr. Brown Miss. Turner Mr. Hazlett Mrs. Presley Miss. Turner Mrs. Annable |
| Wed, June 22 | 9:00 am - 3:00 pm 9:00 am - 11:30 am | Soc 30-1 & 30-2 Part B Diploma Social 9 PAT | A214 A215 | Mr. Moore Mr. Hazlett |
| Thurs, June 23 | 9:00 am - 3:00 pm 9:00 am - 11:40 am | Biology 30 Diploma Math 9 Part B PAT | A214 A110 | Mr. Moore Miss. Turner |
| Fri, June 24 | 9:00 am - 12:00 pm 9:00 am - 11:30 am | Chemistry 30 Diploma (1 student) Math 20-1 & 20-2 Final Exam Science 9 PAT | A102 A214 A110 | Mrs. Lush Mr. Brown Miss. Turner |
| Mon, June 27 | 9:00 am - 3:00 pm | Physics 30 Diploma (2 students) | A214 | Mr. Moore |
| Tues, June 28 | | No School for gr 9-12 students | | |
| Wed, June 29 | | No School for gr 9-12 students | | |

Minimum time for an exam is 1 hour, students must remain in the exam area.

Gr 9-12 Exam Week - students may leave after their exam is finished, teachers may schedule study sessions in the afternoons so please connect with your teachers.

Since marks and comments are online for students and parents to view, physical report cards will not be sent home.

Bentley School



PRE-KINDERGARTEN

Please visit the Bright Futures Play Academy website at <https://www.brightfuturesplayacademy.ca> for Pre-K programing details.

KINDERGARTEN – GRADE 12 REGISTRATION:

Please visit the Bentley School Registration page for full details: <https://bentley.wolfcreek.ab.ca/registration>

2022 - 2023 NEW STUDENT REGISTRATION

OPENS JANUARY 4 FOR PRE-KINDERGARTEN & KINDERGARTEN – GRADE 12!

Please Note: A copy of original birth certificate and any other pertinent legal documentation, such as custody or guardianship orders, MUST accompany registration.

+1 403 748 3770



<https://bentley.wolfcreek.ab.ca>
<https://www.brightfuturesplayacademy.ca>

Bentley@wolfcreek.ab.ca

ENROL
NOW

Register for Busing for the 22/23 school year

Who needs to register:

- anyone new to busing, urban or rural (ECS students, etc.)
- anyone who lives in urban bus centres (Blackfalds, Ponoka, Lacombe)
These students must re-register each year
- anyone who has had a change of address
- anyone who wishes to access cross boundary busing must re-register each year
- rural students who live in the country and did not access busing at any time during the 2021-2022 current school year, should reapply for busing for September.

Who does not need to register:

- rural students (students who live in the country and are currently riding a bus).



Registration Deadline is June 1, 2022

Student Registration 2022-2023

New student registration for Pre-K & Kindergarten to Grade 12 is open. If you currently have a student in Pre-K who is either Kindergarten age or returning to Pre-K, parents have received an email with returning student registration instructions. Kindergarten to Grade 12 students won't receive returning student instructions until August 2022.

PRE-KINDERGARTEN STUDENTS:

New students please visit the Bright Futures Play Academy website at <https://www.brightfuturesplayacademy.ca> for Pre-K programing details.

KINDERGARTEN - GRADE 12 STUDENTS:

New students please visit the Bentley School Registration page for full details: <https://bentley.wolfcreek.ab.ca/registration>



Social Work News!

Go Girls and Game On

Big welcome to Sydney and Jaxon from Big Brothers Big Sisters of Lacombe. They will be running the Go Girls and Game On program for our grade five students during the month of May. These programs offer fun, interactive games and activities that help promote the importance of staying active, healthy eating, and building confidence.

Big Brothers Big Sisters In School Mentoring Program

Thank you to our high school students who have chosen to be mentors this year for the Big Brothers and Big Sisters in-school mentoring program. We are thrilled to have this program back and operating in our school! Mentees and mentors meet regularly and set goals to achieve together. If you are interested in learning more about this program please contact Miss. Harris, our school Social Worker.



Walk for Kids Sake Fundraising

Thanks to all the students who have signed up to fundraise for the Big Brothers Big Sisters Walk for Kids' Sake! All students will get to participate in the walk coming up June 1 and 2. We still have a few pledge packages at the office if any students still wanted to sign-up to fundraise for this important initiative and for a chance to win some great prizes!

COMING TO YOUR SCHOOL...

servus
credit union

WALK
FOR KIDS' SAKE



REGISTER NOW!

LACOMBE.BIGBROTHERSBIGSISTERS.CA/WALK

MAY/JUNE 2022

Athletic Highlights!

Congratulations to our handball teams for competing in provincials on April 22 & 23 in Sherwood Park! Special thank to our high school coaches Trinity Dojahn, Kesaly Von Kuster and Mr. Lush for coaching our handball athletes this season! We are very fortunate Mr. Lush has a passion for this sport and offers it to our students.



Jr./Sr. boys won silver!



Jr. girls placed fourth!



Jr. boys won bronze!

Badminton News!

Winners from Wolf Creek Southwest Tournament

Gr. 7 Girls Singles

Macy Morrison - 1st

Caylee Wilkins - 3rd

Gr. 7 Boys Singles

Jayger Clark - 4th

Gr. 7 Boys Doubles

Merrick McDiarmid/Porter Hartman - 4th

Gr. 7 Girls Doubles

Jaeda Poffenroth/Cori Mckinlay - 2nd

Gr. 7 Mixed Doubles

Carter Wilkins/Bella Romanuik - 1st

Keira Vanak/Nick Beddoes - 2nd

Gr. 8 Girls Singles

Kaylee Kroschinski - 2nd

Gr. 8 Boys Singles

Tyson Holland - 1st

Toran Schofer - 2nd

Gr. 8 Boys Doubles

Ethan Metro/Nick Campeau - 1st

Carson Renschler/Jake Carter - 3rd

Gr. 9 Girls Singles

Capri Wyld - 1st

Brynn Von Kuster - 2nd

Gr. 9 Boys Singles

Easton Mckinlay - 4th

Gr. 9 Boys Doubles

Max Burris/Cody Wells - 1st

Gr. 9 Mixed Doubles

Finn Haarstad/Tucker Woroschuk - 1st

Saydee Zarantonello/Heath Devries - 2nd

Winners from Wolf Creek South Tournament

Grade 7 Girls Singles

Macy Morrison - 3rd

Gr. 7 Mixed Doubles

Carter Wilkins/Bella Romanuik - 3rd

Grade 8 Boys Singles

Toran Schofer - 1st

Tyson Holland - 4th

Gr. 8 Girls Singles

Kaylee Kroschinski - 3rd

Gr. 8 Boys Doubles

Ethan Metro/Nick Campeau - 2nd

Gr. 8 Mixed Doubles

Peyton Stephenson/

Porter Dickson - 1st

Gr. 9 Girls Singles

Capri Wyld - 1st

Brynn Von Kuster - 4th

Gr. 9 Boys Doubles

Max Burris/Cody Wells - 1st

Gr. 9 Mixed Doubles

Finn Haarstad/Tucker Woroschuk - 1st

Saydee Zarantonello/Heath Devries - 2nd

Winners from Wolf Creek Championship

Grade 7 Girls Singles

Macy Morrison - 2nd

Gr. 9 Girls Singles

Brynn Von Kuster - 2nd

Gr. 8 Mixed Doubles

Peyton Stephenson/

Porter Dickson - 3rd

Gr. 9 Boys Doubles

Max Burris/Cody Wells - 1st

Gr. 9 Mixed Doubles

Saydee Zarantonello/

Lenny Beddoes - 3rd

Also, congratulations to Kesaly Von Kuster in Gr. 12 who placed 2nd in the Sr. High areas tournament.



Community News!



Adventures
DAZE

AGES: 5- 8
COME HAVE A FUN ADVENTURE!
EACH WEEK WE WILL HAVE ACITIVIES,
GAMES AND FUN!
EACH WEEK IS A DIFFERENT THEME!
THURSDAYS
MAY 19-JUNE 23, 2022
3:30- 5:00 PM
BASEMENT OF BENTLEY TOWN
OFFICE/PARK AREA

\$80



Contact:
Carolyn: 403-704-3315
parentingproactively101@gmail.com



**COMING
SOON**

Babysitting Course: June 4
Home Alone Course- June 18



GO GIRLS!
HEALTHY BODIES,
HEALTHY MINDS!

GO GIRLS!

AUGUST 8 & 9TH

Go Girls! is a no cost group mentoring program for youth ages 9-11 that focuses on physical activity, balanced eating and self-esteem. The single, most important goal of the program is to positively shape the lives of young women and girls by helping them build a positive self-image – setting them on a path to reach their full potential in life.

CALL TO REGISTER



WACKY
Wednesdays
Let's get together!!!
May 18, 2022

Family Comic Con Event
Dress up as your favorite
Comic Character!
6:30-7:30 pm
Seniors Drop In
\$2.00/person
All ages welcome!
Call Carolyn: 403-704-3315 to register

Brought to you by:
Bentley Library
Bentley Community Services
ParentingProactively 101

Parenting and Social Media

Starting a conversation about social media early is essential!

Participants in the 1.5 hour Parenting and Social Media workshop by Joe Phillips and Joe Whitbread - The Joe(s), will learn the impact of social media on kids, highlighting both the positive and negative. Tips and guidelines will be provided so parents can make choices that will protect their kids while allowing them to enjoy the positive aspects of social media.

[Click here for ticket information](#)

Community News!

After School

Care

Contact Vanessa Zinger
for more Information
(Monday-Friday)
Offering After School Care
On ALL School Days



BRIGHT BEGINNINGS

Day

Home

Offering Child Care
Starting @ Age 1 Year

We Are Operating 5 Days
A Week (Monday-Friday)

We're Open
From 8:00Am-5:00Pm

If you have Any
Questions?
Please get
in contact
with Tannin Zinger
directly

Via Cell Number
(403) 506- 5719

PS: Please Make Sure you let
me know who you are when
getting in contact then
we can proceed forward :)



EXPAND YOUR Mind

Did you know that being creative, dancing, and listening to music are simple ways for your family to boost their mental well-being and release feel good chemicals in your brain? Take time to expand your mind today. Be kind to yourself and others, have a great laugh, turn up the music and dance like no one is watching!

Mental Health Tip

Fuel YOUR BODY

Did you know that what you eat and drink affects how you feel? We know that it helps your body grow and stay strong, but it's also good for your brain.

Make a family goal to focus on drinking water to hydrate your body and keep your brain fuelled and energized.

Mental Health Tip

Move YOUR BODY

Move your body every day to improve your mental and physical well-being. The key is to make movement fun and try activities that you enjoy.

Get outside and move together as a family. Go for a walk, ride your bikes or visit a local park.

Mental Health Tip



PRACTICE Mindfulness

Practicing mindfulness together can help build your family's connection with each other.

Need help to relax your body and calm a busy mind?

Try this simple strategy to tune into your surroundings using your 5 senses. Look around you, what do you see, hear, smell, taste, feel?

Mental Health Tip

Interested in more ideas on how to create positive connections and build a healthy family?

Contact us at
move.yourmood@ahs.ca

Get Active this June with
ParticipACTION Community Better Challenge

Everything gets better
when you move your body.
www.participaction.com

Build ASSETS

Did you know there are many things you can do to help your kids grow up great?

A simple way to build assets and model kindness is to tell your kids why they matter to you.

Talk together about how being kind makes you feel. Kindness can reduce stress, fill your heart with joy, and assist you in feeling more helpful and hopeful.

Mental Health Tip

Information on mental health, community supports, programs and services in your area:



Addiction Services Help Line
1-866-332-2322

Mental Health Help Line
1-877-303-2642



www.ahs.ca/helpintoughtimes