

Community Based Education in **NURTURING PARENTING**

*10 Stand-Alone Lessons for Promoting a
Philosophy of Nurturing Parenting and Continuing
Education for Parents*

**Mary C Moore Public Library—5214 50 Ave
Lacombe, Alberta**

Tuesday from 1:30 pm-3:30 pm

September 26, 2017 to December 5, 2017

Lessons include:

1. The Philosophy and Practices of Nurturing Parenting –Sept. 26
2. Ages and Stages of Growth for Infants and Toddlers –Oct. 3
3. Ways to Enhance Positive Brain development in Children & Teens –Oct. 17
4. Communicating with respect-Oct. 24
5. Building Self-Worth in Children-Oct. 31
6. Understanding Feelings-Nov. 7
7. Understanding and Developing Family Morals, Values & Rules-Nov. 14
8. Praising Children and their Behavior-Nov. 21
9. Alternatives to Spanking-Nov. 28
10. Learning Positive Ways to Deal with Stress and Anger-Dec. 5



*Bring the Dynamic Philosophy and Practices of
Parenting to Families in your Community*



For more information or to register, please contact Corrie or
Christian at CAWES - (403) 346-5643